

ANGELINE PACY, MSc (Dip)

CEO & Director of Healthcare, Scientific & Communication Operations
Medical Writer, Editor & Quality Consultant
Lifestyle Medicine Advisor for

 **UNIMED Clinical Research & Advisory**

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EDUCATION & TRAINING OVERVIEW

In Progress:

Advanced Research Techniques

Doctorate-level research (Graduate Diploma, 60-Credit Hour, UK level-6), April 2027

Mental Health & Stress Management

(90-Credit Hr, UK level-5 Post-Graduate Diploma), Dec 2026

Applied Behavior Change Training Skills

Nutrition & Wellness Concentrations

(40-Credit Hour, Graduate Diploma, UK level-6)

Sleep Studies, Sleep Management

(60-Credit Hour, UK level-5 Post-Graduate Diploma)

Toxicology / Detoxification Studies

(90-Credit Hour, UK level-5 Post-Graduate Diploma)

Gut Restoration (GI / Nutrition)

(90-Credit Hour, UK level-5 Post-Graduate Diploma)

Anatomy, Pathophysiology & Lifestyle Medicine

(60-Credit Hour, UK level-5 Post-Graduate Diploma)

Other Education:

Biomedical Sciences coursework completed in regionally accredited graduate & undergraduate schools (immunology; histology; statistics; biotech; BioPsychoSocial studies & research; pre-med)

Associate of Arts (AA), Tulsa Community College (TCC); Liberal Arts; French Concentration; Ranked top CC in North America (2002)

CERTIFICATIONS

- ❖ *Advanced Sleep Management Advisor*
- ❖ *Detox Specialist*
- ❖ *Gut Restoration Nutritional Advisor*
- ❖ *Competent Communicator Certification*
- ❖ *Multiple Clinical Research Certifications*
- ❖ *Wellness Coach & Fitness Chef (2019-2025)*
- ❖ *In Progress:*
 - *Advanced Nutritional Therapist;*
 - *Diabetes Health;*
 - *Advanced Stress Management Advisor*

BACKGROUND

Angeline Pacy has a passion for excellence in health advising, medical communications, and research, built upon a foundation of over two decades in the life science industry. As **UNIMED Clinical Research & Advisory** (UCRA) CEO and Director of Healthcare, Scientific & Communication Operations, she supports life science organizations across a broad range of medical communications functions, including the development of healthcare provider and patient education materials, training programs, presentations, public speaking, and compliance, as well as industry health & wellness programs that boost product safety and patient outcomes.

Her research and regulatory support experience includes clinical and regulatory medical writing, eCTD documentation, medical publications, compliance writing, editing, and advanced quality control review across scientific and regulatory deliverables. Therapeutic areas supported through medical communications activities (including publications) include anti-aging and regenerative medicine, as well as neuropsychology, neurology, pain management, inflammation, dermatology, metabolism, rheumatology, and more. Research experience across functional areas includes gene therapy across a variety of genetic and acquired diseases, psychiatry, diagnostics, and oncology. Direct research services include patient chart, systematic, and literature reviews.

Angeline's lifelong commitment to teachability inspires her work, education, and life. She continues advanced graduate-level study in research methodology to complement previous graduate-level coursework in immunology, statistics, histology, and clinical research training, as well as a graduate diploma in applied Behavior Change (with nutrition & wellness concentrations). Her continuing education reflects a longstanding commitment to interdisciplinary learning. She has maintained strong academic performance throughout biomedical sciences studies, including work in an awarded Bachelor of Biomedical Sciences program (4.0 GPA in program courses; prerequisite for terminal degree programs). Early college and secondary education were completed in top North American public schools.

Angeline is also a certified health advisor in evidence-informed approaches to sleep health, nutrition, gut health, environmental health, and lifestyle medicine areas, issued upon completion of extensive programs in these subjects, as well as anatomy and pathophysiology. Angeline grew up in the health food stores her father managed, reading pioneering literature in nutrigenomics and orthomolecular medicine and actively participating in community care teams from a young age. She has over 40,000 health & wellness advising, coaching, and direct care contact hours.

Angeline has a global education and mindset. She researches vital medical anthropological concepts, especially while traveling, and integrates insights into health promotional materials. She supports various health organizations and initiatives, formerly serving as an ILADS scientific conference volunteer and a volunteer congressional delegate, writer, vocalist, artist, and speaker for organizations like the ALS Association. As a public speaker and former Toastmasters International Distinguished Club President at MIT, she is a certified competent communicator trained in communications, adjudication, and leadership, including leading, hosting, and taking part in club- and district-level leadership meetings.

SUMMARY OF SKILLS

RESEARCH	CLINICAL	COMMUNICATIONS
• Retrospective research	• Supplement quality criteria	• Medical writing
• Prospective research	• Risk-factor assessments	• QC medical writing/editing
• Study protocol, amendments	• Health program design	• Publications (draft/edit)
• Literature, systematic reviews	• Personalized programs	• Manuscripts, white papers
• Data quality assurance review	• Pathophysiology	• Regulatory medical writing
• Statistical analysis plan QC	• Health skills training	• eCTD publishing SME
• Informed consent forms	• Behavior change training	• Fact checking, proofreading
• Clinical study reports, IB	• Biometric lab studies	• Training/education materials
• Clinical documentation SME	• Gastrointestinal health	• QA training SME
• QA documentation SME	• Detoxification, toxicology	• Public speaking/engagement
• Citation library management	• Dysautonomia, cardiology	• Facilitation, leadership
• Doc/Lab information systems	• Neuropsychiatry, sleep	• Medical education
• cGCP, cGLP, cGMP, GPP	• Personalized nutrition	• Change control, timelines
• Biotechnology, immunology & histology lab techniques	• Lifestyle medicine & Direct care techniques	• Video creation, graphic art & Ai tools, ChatGPT, App Plugins

UNIMED Clinical Research & Advisory (UCRA) | Phoenix, AZ | 1996-Current
Formerly Doing Business As (DBA) IntegrativeHealthWork.com / Angeline Pacy

CEO | Director of Healthcare, Scientific & Communications Ops | 2023-Current

Lead UCRA operations and advisory services, including divisions in medical and scientific communications; quality control; research and development; and education programs (in areas such as health, wellness, behavior change, detox/toxicology, nutrition, sleep management, lifestyle medicine areas, etc.). Create nutritional formulations and anti-aging protocols; surfactants; cosmetics; delivery systems declared novel by OpenAi's ChatGPT. Network with health science organizations; healthcare providers; patients. Qualify vendors; negotiate and write contracts. Transition sole-proprietorship to C-corporation.

Principal Regulatory Medical Writer | Barrington James, London, UK | Feb 2024-2025

UCRA partnership with medical device company focuses on medical writing of clinical study reports (CSRs) for prescription software as a medical device used in conjunction with the standard of care in a neuropsychiatry/psychology program. Provide reconciliation between statistical analysis plans, data, protocols, CSRs. Lead reviewer meetings. Consult on a project-basis for submissions to regulatory authorities (FDA).

Principal Medical Writer | Editor | Black Diamond Network, Andover, MA | Mar 2019-2022

Provide senior-level medical writing, editing and quality control services for medical device, biotech, and pharmaceutical clients. Develop medical; clinical; regulatory; scientific; and technical documents. Work includes publications (literature review; chart review; manuscripts; white papers; case studies); clinical and non-clinical study reports; investigator brochures; study protocols; global protocol amendments; informed consent forms; and persuasive letters to investigational review board (IRB). Regulatory filings include IMPD, IND, NDA and post-marketing commitments and publications.

Technology includes lasers in medicine and surgery; radiofrequency; shockwaves; cosmeceuticals; and RNAi gene therapy. Therapeutic areas and applications include gene therapy for infectious disease; renal disease; metabolic disease; genetic disease; proteinopathy; pulmonology; oncology. Other applications include dermatology; regenerative medicine; surgery; pain; inflammation; tissue activation; circulation; men's and women's health; urology; hair removal; beautification. Populations include pediatric and adult participants; rare disease; aging; and general.

Consultant Medical Writer | Liaison | GeroNova Research, World-Leading Experts in Anti-Aging Chemistry and Products, Richmond, CA | Oct 2013-Jan 2019

Engage and educate healthcare providers, scientists, and clients about profound transformative experience in anti-aging medicinals, research studies and medical literature. Monitor and evaluate the medical literature to write and publish articles (medical writing). Areas include aging; peak sports performance; neurosciences; neuro-metabolism; metabolism; weight loss; cardiovascular disease; REDOX; detoxification; toxicity mitigation; radiation mitigation; beautification; genetics; biomarkers; and pathological disease processes.

Consultant Medical Writer | Human Care Systems | Boston, MA | Aug 2016-April 2017

Create empowering, strategic healthcare provider and patient education and coaching materials that help clients to manage complex diseases and therapies (used in conjunction with drug and disease education, coaching and marketing programs). Research medical literature to support health and legal claims within patient and healthcare provider education materials.

Medical Communications | Advanced Neurotherapy | Needham, MA | Aug 2014-Dec 2016

Institute industry-vetted strategic health-related social networking that operates within a rigid legal framework. Therapeutic areas include neurosciences; neurofeedback; neurodiagnostics; psychiatry; psychology; lifestyle; overall wellness; and health promotion. Provide evidence-based and experiential-based health education to support transformative health experiences.

***Writer | Trainer | Documentation Coordinator | Subject-Matter Expert | Oct 2013-Feb 2014
Onsite at BTG International on behalf of partners: BioBridges, LLC., Wellesley, MA***

Provide onsite subject-matter expert (SME) consultation services to a global medical device and pharmaceutical company specializing in interventional oncology and detoxicants during acquisitions. Provide QA training; technical writing; editing; documentation coordination; quality system gap analysis; and quality pharmacovigilance support. Coordinate training at multiple sites (significantly boosting company training metrics to 100% compliance). Implement a paper-based document management system. Train junior writer. Coach staff on processes. Represent committees. Perform advanced SharePoint functions. Maintain organization with project management best-practices.

Medical Writer | Researcher | Jan 2009-Dec 2012 | Lincoln, MA

(On behalf of James Nicholson, medical device engineer of MIT, team of lawyer, physicians)

Successfully research and identify at-risk populations with probable benefit from a new indication (travel) for the inventor's medical device that currently saves 300K lives every year and is the standard of care for patients undergoing thoracic surgery and/or cardiovascular events. Research epidemiology and etiology of venous thromboembolism (VTE) and thrombosis. Support development of venture capitalist proposal. Perform literature review to identify state of science in VTE and competing devices on market.

Medical Writer Contractor | Onsite at Lantheus Medical Imaging, Billerica, MA on behalf of Aerotek & Randstad Professional Services | Feb 2010-Dec 2011 (2 contracts)

Provide consultation services to medical imaging drug company within biostatistics, medical writing, regulatory, and pharmacovigilance departments, with early focus in compliance writing across functional areas in preparation for audits. Conduct regulatory guidance research; contribute to regulatory documents; provide clinical documentation compilation for medical writing department; capture summary of changes in protocol amendments; start protocol and CSR shells; review CSRs; review medical literature; create and manage EndNote reference libraries (literary citations); basic MedWatch form review; train in signal detection and electronic clinical documentation databases.

Regulatory Affairs eCTD Publisher | Consultant | Contractor on Behalf of DataFarm Inc. Marlborough, MA | Jan 2007-Jan 2009

Support the creation, review and submission of drug applications to regulatory agencies. Network with vendors to compile study documentation. Train clients, new publishers and documentation contractors in new clinical trial software tools. Format, publish and provide quality control for eCTD submission documents using plug-in software tools (ISIWriter, DataFarm) for Adobe Acrobat Professional and Microsoft Word. Create or redesign original data tables in CSRs and eCTD Module 2 summaries. Back-up studies on HTML intranet. Qualify eCTD software vendors (with team) as part of a transition from an investigational new drug application to new drug application (biologics; CBER; hereditary angioedema). Read and review all studies. Train and lead regulatory electronic archival.

Quality Assurance Interim Documentation Coordinator | QA Support | Aug-Dec 2006 Contractor at Acambis Inc, Cambridge, MA, on behalf of Randstad Professional Div

Provide QA consultation services during a company acquisition, focusing on the management of a large biennial review of compliance documents. Incorporate reviewer comments into controlled documents. Edit and format procedures and documentation using document change control. Conduct reviewer meetings. Update controlled document management system. Perform documentation metrics. Review and reconcile clinical data.

Documentation | Writing | Administrative Management | Auditing | Acton, MA | 1996-2008

Entrusted with high-risk, sensitive, and complex projects, as well as routine writing, customer service, administrative, and organizational support for executives and corporations across the medical device and pharmaceutical industries; public health; engineering; marketing; and transportation sectors. Partner companies include Nashoba Placements (2005–2006), providing administrative and documentation expertise on-site at Synarc Inc. and others; Kelly Scientific (2005), providing technical writer and QA documentation services; Acton-Maynard Livery (2001–2004), project-based auditing; and Image Too! Inc. / AJP Contractors (1996–2008), providing executive personal assistant and animal tech services to executives while supporting their corporations in public health inspections, soil evaluation, ground testing, engineering, contracting, and marketing.

————DIRECT CARE, HEALTH COACHING & ADVISING————

Health & Wellness Advisor | Coach | Mentor | 2006-Current

Mentoring/advising in health and wellness areas to empower and educate clients on medical literature and experience. Areas include anti-aging; regenerative medicine; REDOX; lifestyle medicine; detox; environmental stressors; genomic expression; complex neurometabolic syndromes (mitochondrial disease; Merck Manual protocol for low MTHFR enzyme and evidence-based updates); and neurology/psychiatry/neurovascular syndromes (dysautonomia; pain management research; inflammation; neurobehavior; behavior change). Work also includes consumer guidance ed; care plan organization; online community groups; education on health product quality criteria; and diet.

1994-Current | Direct-Care Service, Contact Hours & Training | Multiple Clients

Serving outpatient and inpatient clients with a variety of health and wellness needs:

- **Health & Wellness Coaching/Advising:** Support client compliance in health goals with behavior change techniques, education, and mentoring. Assess client risk-factors. Put forth health recommendations within scope of certified advisor and health diplomas.
- **Activities of Daily Living:** within the scope of certified direct-care provider and/or family member, assist with aseptic techniques; bowel care; bed-changing with patient in bed; use of medical devices such as cough assist; BiPAP; suction; oximeter; glucose monitor; IPC boots; transfers with pivoting devices; Hoyer lift; helping clients maintain catheters/PICC line
- **Medication Management:** medication distribution/medication inventory training; certification; leadership (audit/remediate medication inventory documentation/supplies; PIC)
- **Safety:** crisis prevention/intervention; suicide prevention/intervention; supervision; restraints
- **Vitals:** heart rate; blood pressure; blood sugar; oxygen; respiration rate; monitor telemetry
- **Life-skills:** coach life skills and coping skills to groups and one-on-one in areas of self-regulation; self-care; healthy self-expression; sexually transmitted disease prevention; cooking; nutrition; stress management; organization skills; academic enhancement skills
- **Health Communications:** write clinical documentation (clinical shift summary reports; advocacy letters; draft team care plans); provide advocacy in doctor appointments; communicate with healthcare providers; teach communication skills

Direct-Care Service Clients & Training Providers: over 40,000 direct-care, coaching and health advising contact hours for the Massachusetts Department of Youth Services contract programs serviced by Eliot Human Services (“Girls Independent Living Program” and “Chrysalis House”); the Massachusetts Personal Care Attendant program (multiple years for independent clients/volunteer clients); United Schools Association; and more.

Populations: life-threatening illness such as motor-neuron disease (MND, ALS); periodic paralysis; dysautonomia; complex arrhythmias; congestive heart failure; neuropsychiatric populations including cognitive impairment; dementia; schizophrenia, brain injury; addiction; neuro-atypical presentations; other illnesses such as diabetes; fibromyalgia; post-surgery clients

***Skills Trainer in Direct-Care | Personal Care Attendant (PCA) Volunteer | Aug-Dec 2017
Independent Client, Burlington, MA***

Train team of 5+ PCAs/allied health professionals to support medically unstable client in need of transitional direct-care, including vital signs; medical devices (such as suction, cough assist, IPC boots); transfers; emergency supervision; preparing prescribed diet; Activities of Daily Living (ADLs) to assist client to self-maintain a PICC line and oxygen; manage new-hire paperwork.

————LECTURE & EDUCATION EXPERIENCE————

President Elect | Juried Speaker | Toastmaster | Club Leadership | Mentor | 2012-2015
Toastmasters International Club, Massachusetts Institute of Technology, Cambridge, MA

Certified, regular speaker and Toastmaster at distinguished club; write speeches; provide speech adjudication. Club president for 1 term. As president, increase regular club meeting attendance by over 20 guests; host leadership meetings; attend district leadership training; mentor new attendees. Mentored in administrative organization by expert club members.

Lecturer & Founder | “Cambridge Painless Anatomy & Physiology” Meetup Group | 2014
Regatta Meeting Rooms, 8 Museum Way, Cambridge, MA

Lead, plan, host studies and workshops that use psychology-based techniques for learning anatomy and physiology material, on-site at the Cambridge Regatta.

Educational Staff | Science Museum of Acton Discovery Museums | Acton, MA | 2005-2007

Educate patrons—large groups, school field trips, and individuals—on featured science topics; run interactive science exhibits; train volunteers.

————RESEARCH-BASED & APPLIED GRADUATE-LEVEL WORK————

Advanced Research Techniques | 60-Credit Hour Professional Graduate Diploma | UK Level-6
The Health Sciences Academy | London, GB | 2026-Current*

Currently enrolled in an advanced professional graduate diploma focused on doctoral-level research methodologies and critical appraisal techniques commonly utilized by world’s leading academic and scientific institutions. Training emphasizes rigorous evaluation of research study design, methodology, hierarchy of evidence, and interpretation of scientific findings. Core competencies include assessment of data quality, validity, reliability, usability, and limitations; advanced database searching to identify and collect relevant scientific literature; and structured review of peer-reviewed publications with strong understanding of manuscript format and evidence presentation. Developing expertise in conducting comprehensive literature reviews to address scientific and healthcare questions, synthesizing evidence, and identifying methodological weaknesses, bias, and reporting limitations. Additional applications include analyzing misleading claims, recognizing flawed arguments in media content, and evaluating common inaccuracies in science journalism and public health reporting.

Regis College Graduate School | School of Management & Statistics | Weston, MA | 3.9 GPA | 2009

This graduate management statistics course, with a biostatistics/healthcare focus, is a biostatistics equivalent that is designed specifically for management-level professionals.

Grad Immunology & Lab | Framingham State University | Framingham, MA | Grade: 3.9 | 2006

This immunology graduate coursework was taken for undergrad credit and includes hands-on infectious disease research; inoculation; blood draw; blood counts; protein purification and identification; assays; and slide stains (multiple). It includes independent research, report and defended presentation in multiple myeloma / oncology (achieved grade of A).

Histology Laboratory Technician | Training | Toxikon Corporation | Bedford, MA | Spring 2005

Full-time training in histology research includes tissue preservation; commercial histology slide creation; routine lab activities such as chemical and biologic handling; blood-borne pathogen training; attending surgical procedures and necropsies; drafting non-GLP/GLP study reports; drafting validation reports and procedures for lab equipment; updating electronic laboratory information management system (LIMS; used for laboratory workflow); managing chain-of-custody and archival of tissue slides and cytology.

Applied Behavior Change Training Skills | Nutrition & Wellness Concentrations | 40-Credit Hour Graduate Diploma | 100% | UK Level-6 | The Health Sciences Academy | London, GB | 2019-2023

Strategic, motivational and practical behavior change mastery is achieved through this internationally accredited program in evidence-based behavior change skills. Upon full completion of the program, students are also issued **Applied Behavior Training Skills** certification. This curriculum directly applies relevant behavior change tools and strategies to specific areas of lifestyle medicine taught in the undergrad-level programs such as toxicology, detox, sleep sciences, nutrition, gut health, mental health, etc. Professionals are equipped with up-to-date research identified within behavior change sciences, with a focus on lifestyle medicine, health psychology and positive psychology. Students attend lectures and labs, while engaging in practical training that includes client health risk-factor assessments; practice of motivational techniques for building change strategies; tools and practice of change implementation. Learners master tools for tracking health and disease management demographics; self-care; self-awareness; self-regulation; self-monitoring; and tools to support clients as they develop comprehensive care management skills.

—————**ADDITIONAL RESEARCH, DIPLOMAS & DEGREES**—————

**Mental Health & Stress Management | 90-Credit Hour | Professional Diploma | UK Level-5
The Health Sciences Academy | London, GB | 2026-Current**

Currently completing an advanced professional diploma in evidence-based mental health, stress resilience, and behavioral wellbeing strategies. Program emphasizes practical client support tools, psychological coping frameworks, and lifestyle factors influencing mental and emotional health. Curriculum includes stress-risk evaluations to identify drivers of distress, anxiety, fear, worry, toxic anger, trauma responses, burnout, procrastination, etc. Training develops competencies in resilience-building, coping skill acquisition, emotional wellbeing support, and productivity-focused stress management strategies.

Additional coursework includes mood regulation science, the impact of nutrition on mental wellbeing, emotional intelligence, emotional self-regulation, positive psychology applications, cognitive reappraisal, reflection, reframing techniques, and the relationship between emotional eating and mental health. Program includes a broad toolkit of client coaching resources designed for practical application in health advisory and wellness settings. Upon full completion of the diploma and program, students are also issued **Advanced Stress Management Advisor** certification.

Bachelor of Science in Biomedical Sciences | Health Sciences Concentration
University of Wisconsin (UW) | 4.0 GPA in all UW Courses | Anticipated 2026 Graduation

This biomedical sciences degree, in an awarded research program, is pursued for specific regional accreditation stipulations for advanced professional programs in USA, as undergraduate work was already taken. It builds upon foundations already taken in sciences (biology, chemistry, math). Coursework includes diagnostics; pathophysiology; integrative medicine; healthcare-focused courses in ethics; philosophy; disability studies; diversity studies; clinically related legal studies; leadership best-practices, business/technical writing all specifically curated for healthcare professionals.

Sleep Management | 60-Credit Hour Professional Diploma | UK Level-5
The Health Sciences Academy, London, GB | 100% | May 2019-Sept 2025

This internationally accredited program provides continuously updated evidence-based tools and research for supporting clients in lifestyle medicine and is based upon a foundation in the pathophysiology; anatomy; physiology; epidemiology; and lifestyle factors that influence sleep science. Learners gain competency in setting forth evidence-based personalized lifestyle recommendations that equip clients to better-manage their sleep. Curriculum includes research on the major sleep detractors and evidence-based tools for mitigation; major sleep disorders; personal risk-assessments; and assessments that equip clients to take better-control sleep environment; lifestyle; nutrition.

Upon full completion of the diploma and program, students are also issued **Advanced Sleep Management Advisor Certification**. Elected practical add-on skills include training on the electronic clinical toolkit, which facilitates client engagement and education by using electronic self-assessments for sleep-related risk-factors that empower clients to see a sleep specialist or adjust self-modifiable barriers to restorative sleep.

Anatomy, Pathophysiology & Lifestyle Medicine Fundamentals | 60-Credit Hours | 99%
The Health Sciences Academy, London, GB | Professional Diploma | UK Level-5 Post-Graduate
May 2019-Oct 2023

This internationally accredited program trains professionals in anatomy, pathophysiology, and lifestyle medicine. Built upon a foundation in physiology and anatomical structures, topics begin at the molecular level (DNA/RNA/genetics) and progress through the cellular, organ, and system levels. This also includes the biology of human development; biochemistry of energy production; and acid-base balance. Pathologies within each system are discussed.

Learners are equipped with practical skills, as well as proven systems and methods that boost health outcomes, including methods to examine over 100 health conditions; administration of self-assessments for modifiable diet and lifestyle factors; and interpretation of biometric tests. Advisors put forth lifestyle recommendations within scope of their accredited specializations and certifications, referring to physicians as needed. Upon full completion of the diploma and program, students are also issued a certificate in **Anatomy, Pathophysiology & Lifestyle Medicine**.

Gut Restoration Nutrition (GI Sciences) | 90-Credit Hour Professional Diploma | 99% | UK Level-5 Health Sciences Academy, London, GB | May 2019 - June 2023

This internationally accredited program covers gastrointestinal sciences, including anatomy; physiology; pathology; gastrointestinal disorders; and risk factors such as celiac disease; non-celiac gluten sensitivity; other common causes of food sensitivity; cancer; inflammatory disorders of the gastrointestinal tract; irritable bowel disease; and dysbiosis. Evidence-based training assists clients in performing health related self-risk assessments to evaluate levels of gut discomfort; to understand the impact of environmental and genetic risk factors on gut health (such as genes; lifestyle; food consumption; alcohol; medications; physical activity; and stress levels); and to build a personalized evidence-based nutritional program.

Advisors are trained to support clients as they learn to identify and remove lifestyle excesses that contribute to discomfort; replace nutrient losses; repopulate the gut microbiome; and repair damage. Advisors are also trained to provide ongoing monitoring by engaging quantifiable assessments of individualized client programs and to help clients communicate effectively in an organized manner with gastroenterologists and oncologists. Upon full completion of the diploma and program, students are also issued **Advanced Gut Restoration Nutritional Advisor Certification**.

Toxicology & Detoxification | 90-Credit Hour Professional Diploma | 100% | UK Level-5 The Health Sciences Academy | May 2019 - March 2022

Internationally accredited, research-based training in toxicology and detoxification sciences includes structure and function of detoxification anatomy and physiology; pathophysiology; sources and effects of a wide range of everyday toxicants (environmental and lifestyle risk factors, genetic predisposition, and epidemiology). Specialists are trained in self-assessment risk factors for toxicants; to catalogue symptoms to help clients better recognize detoxification; to enhance natural detoxification; to better-identify exogenous and endogenous toxins; and to identify symptoms of common toxic exposures. Specialists are also trained to create personalized nutritional strategies and meal plans to support healthy detoxification based on current health status and goals; to assess, plan, and monitor nutrient intake; to analyze diet, sleep, and hydration journals; to organize shopping lists; to offer cooking and recipe ideas; to track progress; and to monitor food reintroduction. Upon full completion of the diploma and program, students are also issued **Detox Specialist Certification**.

Independent Studies & Research | Regis College, Weston, MA | 3.825 GPA | 2007–2009

Independent interdisciplinary research includes literature review on medical applications for System's Theory; BioPsychoSocial and mind-body-spirit connection; health benefits of community eating (research overseen by medical sociologist Dr. Kathleen Kautzer, PhD). Excelled ahead of graduate students in research methods, with independent research in Essential Fatty Acids (Systematic Review), Hans Sale's Stress Theory and research methods (overseen by medical anthropologist and nurse, Dr. Elisa Giaquinto, MSN, PhD). Additional experience includes radiology rounds and continued pre-med requirements.

Mass Bay Community College | Biotechnology Techniques Course | Grade 4.0 | 2004

Trained in cell culture; microbial growth/identification; environmental monitoring; sterilization; cryopreservation; early molecular biology techniques; lab mathematics.

LOLO (Franciscan Missionaries of Our Lady University) | Baton Rouge, LA | 2002–2003

Elected Pathology Rounds | Pre-Medical Coursework | 3.5 GPA

Excelled in premedical coursework, including opportunities in pathology rounds at Our Lady of the Lake (LOLO) Hospital. Invited by Dr. Walter Davis to biology human medicine track still under development. Volunteered to lead peer study groups in anatomy, physiology and biology.

Tulsa Community College | #1 Community College in N. America | Tulsa, OK | 2001-2002

Liberal Arts, AA Concentration in French (with Advanced French, General Education requirements, and Sociology transferred in from Oral Roberts University as a student in good standing); Spring 2002 Dean's List; honors classes in English and psychology.

Acton-Boxboro Regional School System | Top USA & Mass. Public Schools | 1985-1999

Acton-Boxboro Regional High School | Highest Ranking MA Public School | 1994-1999

Majority of courses taken at accelerated/enriched level; Advanced Placement English (grade 12); shadowed Science Discovery Museum engineer in "Senior Job Shadow Program," and later employed as museum educational staff; captain of 'Winter Color Guard'; Acton-Boxboro Music Award recipient (1998); Color Guard (marching band); Winter Concert Band (award-winning ensembles). Note there is a post-graduation transcript error made by the Registrar related to a GPA and rank miscalculation (discussed on LinkedIn.com).

RJ Grey Jr High School | Presidential Award for Top 10 Public Schools in USA | 1992-1994

Academic achievement award for "Exceptional Insight & Understanding in American Experience" (only 2 students awarded out of student body). Participant in concert band; marching band; select audition choir; musical theater soloist; volunteer vocalist (including entry and participation in state audition choir); photographer for school yearbook.

Blanchard Memorial School | Top Elementary School | 1985-1992

3rd-place winner of the Digital Corporation Essay Contest; winner of Wonderful Exciting Book (WEB) contest as top reader for most books read by any student for 3 out of 4 terms; chorus and band member; classical soloist.

CERTIFICATIONS

Wellness Coach Certification, Spenser Institute, July 2019-2025

Graduate-level training provided by the nationally accredited health coaching division of the National Exercise & Sports Trainers Association (NESTA). Certification topics encompass healthful behaviors in lifestyle medicine areas such as stress management; exercise; diet; disease prevention; and individual health goals. Skills training includes health, lifestyle and behavior assessments (including vitals) and protocol creation.

Clinical Research, Medical/Regulatory Affairs, Publications, CITI PROGRAM, 2021-2024

Three separate certifications with core and elective modules that focus on clinical research industry history, regulations, technical and ethical standards for conducting human research, publishing research, as well as information and ethical stewardship. Find Certifications, full transcripts with grades and associated certificates on LinkedIn.com.

Personal Fitness Chef Certification, Spenser Institute, March 2022

Health food and meal preparation training assists clients working towards health and fitness goals. Topics cover food prep techniques; nutrients; food-safety; and food selection techniques.

ICH Good Clinical Practices Certification, White Hall Training Institute, 2020

Training in the laws, history and practice of international human research standards; quality standards for designing, conducting, recording, and reporting for human trials.

Part 11, Title 21, US Code of Federal Regulations Certification, BioPharma Institute, 2020

21CFR Part 11 spans the controls and procedures that need to be established and followed regarding relevant computer systems used in FDA-regulated environments.

Toastmasters International "Competent Communicator" Certificate, 2016

Juried public speaking, presentation development and speech writing, leadership training.

Sports Nutrition Certification | ASFA American Sports & Fitness Association, 2014-2018

Core competencies in nutrition, with fitness emphasis includes macronutrients (lipids, protein, carbohydrate, alcohol); micronutrients (vitamins, minerals); nutritional supplements; calories; energy expenditure.

Complementary & Alternative Medicine Certificate, Salem State University

Continuing Ed Division Issued through Allegra Learning Solutions | 2014

This certificate is a 22 contact hours equivalent and is a survey of the history and current practice of a large number of complementary healing modalities.

Direct-Care Certifications | Eliot Human Services | Lexington, MA | 2006

Certifications equip direct-care providers to support high-risk patients in a variety of settings (therapeutic/inpatient/residential/community settings) and includes the following: Crisis Prevention; Suicide Prevention; Crisis Intervention; Suicide Intervention; Medication Distribution; First Aid; Cardiopulmonary Resuscitation.

VOLUNTEER

Volunteer Community Ambassador | Volunteer Congressional Delegate | 2008-2020

Community ambassador and congressional delegate volunteer for public health, related awareness days and fundraisers for multiple national and local chapter non-profits, medical research and medical advocacy organizations. Some volunteering activities include medical and scientific conference volunteering and scientific proceedings in Washington, DC, and Boston; support for upscale fundraisers; children's activity coordinator for fundraiser walks; and pie throwing contest clown. Organizations include but are not limited to ALS Association; ALS Family Charitable Foundation; ALS TDI; Lyme Aware of CC; ILADS.

Vocalist | Audition & Community Choral Ensembles | 1989-2015

Ensembles include Lyttleton House nursing home singing and visiting volunteer group run by Diane Bridgetta (1989-1992, Massachusetts); Oral Roberts University Oratorio (1999-2001); Concord Players (2007); Harvard-Radcliffe Chorus (2012-2015).

CONFERENCE & LECTURE ATTENDANCE

Boston BioLife | Regenerative Medicine Lectures | 2014-Current

Presentations; lectures; workshops by industry experts; networking events; online presentations in cutting-edge regenerative medicine areas, including biotechnology (stem cells; exosomes); diagnostics (innovative lab studies, hormone-related genetics; epigenetics); medical devices (acoustical waves and lasers in medicine, diagnostic devices and lab studies).

**Note: Additional conferences, lectures and Continuing Ed information is available upon request. Professional recommendations located below on the pages to follow are available for verification on Angeline's [LinkedIn](#) and [Alignable](#) profile website pages; there are more recommendations upon request, including academic. Supporting documentation such as diplomas, participation in activities and training are also verifiable on LinkedIn and may be obtained by requesting to connect with Angeline. Publications and writing samples are available upon request.*

RECOMMENDATIONS

“[Angeline is] one of the smartest practitioners I know...My go-to when I want to know more than my doctor.” —**Joyce Morin Strong, RN, MS, Recommendation on Alignable.com**

“Angeline Pacy is a very competent writer. She networks with and educates a variety of people (researchers, patients, providers) on the research and use of antioxidants, with a special interest in GeroNova Research Inc. products. She has a passion for the beneficial mechanisms of these lipoic acid related products, and understands the research and documented clinical applications. Angeline is enthusiastic about, and dedicated to her cause.” —**Karyn Young, President of GeroNova Research, May 4, 2016. Karyn managed Angeline while she consulted for GeroNova Research, Inc., Recommendation found on LinkedIn.com.**

“Angeline is one of the most caring and competent medical professionals I've ever met. I've been disabled by a complex medical condition (Fibromyalgia) for over 15 years. In that time I've seen many doctors, and none of them provided the same level of insight or concern for my well being as she did. Rather than dismissing my illness as imagined, or providing band-aid fixes to symptoms here and there, she skillfully pursued the root causes of my illness and gave me the knowledge I needed to start fighting back effectively. Angeline is a persistent learner and immerses herself with the results of cutting edge medical research on a variety of topics. In particular, she is well-versed in neurological conditions such as Fibromyalgia, A.L.S. and Parkinson's disease. With these, and other conditions, she combines what she's learned from many sources in a holistic way. This research-based holistic approach proved itself far more effective for me than many visits to the doctor's office did prior. Within a year of her helping me, I went from working 5 hours a week at most to a combined 20+hours a week of work and academic study. My mood, concentration, memory, energy, and stress tolerance have all improved noticeably, and my recovery time from physical activity is a fraction of what it used to be. My sleep schedule is normalizing for the first time in decades. For the first time in close to half my life, I'm looking at the real possibility of thriving, instead of spending the rest of my days barely surviving.” —**Denis Hirschhorn, Personal Care Attendant / Ride-share Driver / I.T. Student, September 14, 2018. Denis was Angeline's client.**

“Angeline has always been very generous with her time and expertise. She never hesitates to offer her knowledge and advice, and is very encouraging. She has a deep level of understanding when it comes to methylation defects and is truly able to connect through her personal experience. I would definitely recommend working with her!” —**Brianne LaFriniere, RN, Health Practitioner and Entrepreneur, June 26, 2016. Brianne was Angeline's client.**

“Angeline is an energetic, talented, self-motivated person who consistently does high-quality work, and delivers on time or early. She does not require micromanaging, and once she gets clarity on the task, she dives in and completes the task. She is not afraid to ask questions (they are invariably good ones), and is an excellent communicator. She is also quite flexible and able to create documents that are practical and meet the regulations. I would highly recommend her for a range of projects, and not only is she professional, but very easy with whom to work.” —**Stephen Schmitz, MD, MPH, Medical Director, Global Pharmacovigilance, Lantheus Medical Imaging. Stephen worked with Angeline at Lantheus.**

“Angeline came into a department that was sorely lacking in documentation processes. We needed to become more organized and quickly get our SOPs in place in case the FDA were to show up at our door. That's where Angeline came in. In almost no time, she reached out to key members of the organization to familiarize herself with the current processes that were being followed and work on getting them documented. She was proactive and an extremely fast learner, especially considering some of the processes we worked together on were a completely new area of expertise for her. Angeline was also extremely motivated and fun to work with. She made what seemed like a dry and daunting task into something much more rewarding and less painful than expected. Overall, I greatly enjoyed my time working with Angeline and hope to one day cross paths again with her in the future.” —**Gisella Blanchette, CCDM, Sr. Clinical Data Manager, Lantheus Medical Imaging. Gisella worked with Angeline at Lantheus Medical Imaging.**

“Angeline is a very capable, proactive, and dedicated medical writer. I provided her input and review for a critical regulatory SOP project on a tight timeline. She was able to assimilate the knowledge and concepts required to produce regulatory SOP's and met the project timeline. All while she exhibited a positive and collaborative attitude.” —**Bill Regan, President, Regan Advisory Services. Bill managed Angeline indirectly at Lantheus Medical Imaging.**

“I’ve been lucky to have Angeline Pacy guide me through a health crisis that I could not possibly deal with on my own. Angeline has been my health coach and patient advocate for over a year now. Angeline not only provided me with a plethora of resourceful medical help, but she’s also been a compassionate, caring friend that would stop short of nothing to reach out to help me. As many chronically ill patients might learn, healing and finding the root cause of disease can be a grueling tedious task. During the acute phase of my illness, I was confused (not knowing where to turn). I’ve been blessed to have Angeline by my side. Angeline is knowledgeable in diet, integrative/alternative medicine and chronic illness. Her insight is nothing short of amazing and she knows exactly in which direction to direct her clients. Ms. Pacy also has impeccable networking skills. This is extremely helpful in her work as a patient advocate, as she is able to communicate and work with many clinicians and health care practices. In my personal experience she knew exactly which clinicians, including doctors and nutritionist/dietitians, testing, and nutritional supplements to point me towards for my specific illness (which provided me significant improvement since those darkest days). Last but not least, Angeline is incredibly well-versed with the social and health care system. This is often a missing link in a chronically ill person’s support system, but nonetheless one of the most crucial elements. It is impossible for seriously ill patients to obtain the medical and social services critical to save their life and stabilize their physical condition on their own without the advocacy and medical knowledge of a trained health care professional like Angeline. Her knowledge of medical systems allowed me the opportunity to focus on my health so that I could self-heal. For that reason, I highly recommend Angeline as a health coach and patient advocate, as I’ve never met someone with such a well-rounded understanding of health and chronic illness.” —**Keren Roman, Math and Biology graduate, November 22, 2014. Keren was Angeline’s client.**

“I would not hesitate to recommend Angeline for any position she pursues in biotech/pharmacy/academia. She has exceptional skills in the latest computer applications in medical writing, has excellent command of medical writing and clinical language, and is equally knowledgeable of clinical trial epidemiology. This unique combination of knowledge and experience, along with her enthusiasm for science and strong work ethic, have made Angeline a valued asset to me and the teams with which she worked at Lantheus Medical Imaging. She offers not only added value to any organization that engages her in work, but great potential in future endeavors.” —**Rachel Tobiasz Weiss, Consulting Medical Writer, BioBridges, LLC. Rachel worked directly with Angeline at Lantheus Medical Imaging.**

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“I had the opportunity to work with Angeline at Dyax during the time we were writing the CMC sections of our BLA. The writing/research alone was a time-consuming project. Learning how to use the new writing software with its own quirks and requirements would have been too demanding at a time of data gathering and synthesizing for a critical path project. Angeline was sent by DataFarm to help us manage the task of converting our submission into an e-CTD format. Before she could even take off her jacket on day 1, Angeline was **managing** the system and the problems expressed by CMC authors. She was the in-house expert on ISIWriter and helped not only to troubleshoot every formatting issue imaginable, but recommended stylistic changes to data tables, figures, and summaries that made for very consistent, very thorough, very professional work. It’s difficult to lead a big technical job, but Angeline also managed frustrated writers and assisted them with technical insights and creative tips for writing. She is reliable, technically apt, professional, deadline and detail proficient with excellent execution, an enthusiastic leader, and a delightful person to work with. Anyone who would want anything transformed or managed technically would find Angeline as their team MVP!” —**Robyn Neitzschman, Clinical Supply and Drug Product Manager, DYAX CORP. Robyn worked with Angeline at Dyax.**

“Angeline was an outstanding contractor during her time with us. Our client enjoyed working with her and found her to be dependable and on time. She always dedicated herself to the best interest of the client.” —**Eric Diebler, former Career Manager at BioBridges, May 10, 2016. Eric recruited, managed and supported Angeline directly while she consulted for BTG.**

“Angeline is a very dedicated and competent professional. She is a great team player and was a key member of our team that helped create and implement a Quality Management System. She was a pleasure to work with.” —**Luca Petti, Senior Engineering Manager at BTG International, April 14, 2016. Luca managed Angeline while she consulted for BioBridges at BTG.**

“Angeline provided invaluable Document Control support at a time when we were facing many changes and ramping up our documentation system. Her detail-oriented approach to the work helped ensure on-time and accurate execution of our plan. She was put in charge of our biennial review process and handled it very well. In addition to her document Control work she performed lab notebook data review and approval of numerous technical reports. We were very pleased with her work and I would recommend her to anyone seeking a hardworking and conscientious employee.” —**Darell Morrow, Vice President of Quality, worked with Angeline at Acambis.**

“Angeline's proficiency with our varied writing and documentation applications, in particular EndNotes, has enabled our organization to meet deadlines on key submissions. On more than one occasion she has provided assistance on short notice cheerfully and efficiently. She is a team player and active participant on projects.” —**Cindy Warwick, Publishing and Documentation Specialist, Lantheus Medical Imaging. Cindy worked with Angeline at Lantheus Medical Imaging.**

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“Angeline has a very professional, friendly and patient personality. While Angeline worked at BTG International Canada Inc., in a consulting role, she demonstrated excellent teamwork abilities and has a knack for being able to effectively identify and prioritize critical tasks to meet deadlines. She was also great help to me as I navigated the mountain of QA paperwork required to perform my job effectively. I believe Angeline would be a great asset in any organization.”
— **Cory Page, IT professional at BTG International Canada worked directly with Angeline at BioBridges, LLC.**

“Angeline is an excellent Health Consultant. She's a gentle soul with a wealth of health knowledge both traditional and non-traditional. She has helped me immensely by actively listening to my issues and guiding me to a healthier me!” — **Jack Lee, Self-Employed Educational Consultant, Economics Professor, Boston University, April 5, 2016. Jack was Angeline's client.**

“Angeline is conscientious and meticulous. She asks questions of her clients and friends to elicit their needs and then finds the best solution to their problems. Angeline is knowledgeable about traditional medicine as well as alternative therapies and supplements. She chooses her words as a writer wisely to make the greatest impact within space constraints. Her personal struggles with and triumph against debilitating disease allow her to empathize with those in need. These experiences have also propelled her to learn in- depth about medicine and the health professions. She will be an asset to your team.” —**Frederick Jao, Tax Auditor for the State of Massachusetts, April 4, 2016. Frederick was Angeline's client.**

“Angeline is working in Medical Writing group at Lantheus Medical Imaging and is responsible for writing documents, SOPs, managing clinical submission documents and reference library for clinical programs. She is a great team player and provides strong expertise in procedural document writing.” —**Gajanan Bhat, Director of Global Biostatistics and Data Management, Lantheus Medical Imaging, Inc., managed Angeline indirectly at Lantheus Medical Imaging.**